

### Compact National Residential Medication Chart

CNRM-02

4 Months recording as per National Health Determination 2012

The Compact Residential Medication Chart (CNRM-02) is intended to be used as a record of orders and administration of prescription medicines, non-prescription medicines and nutritional supplements for residents living in approved residential aged care facilities (RACFs)

Compact Business Systems  
 Phone: 1800 777 508  
 Web: [www.compact.com.au](http://www.compact.com.au)  
 Email: [sales@compact.com.au](mailto:sales@compact.com.au)

Insert Photo and Stick Down

RACF Name & Address		Chart of
<b>Personal Particulars</b>		<b>ALERT</b>
Resident Name	Gender M / F	Resident with similar name? Yes / No
Resident Preferred Name	Age	Room No.
Chart Commenced / /20	Expiry Date / /20	Date of Birth / /
IHI	RAC ID	Date of Photo / /20
URN / MRN No.		

Allergies & Adverse Drug Reactions (ADR)	
<input type="checkbox"/> Yes <input type="checkbox"/> Nil Known <b>DRUG ALERT LABEL</b> ATTACH ALERT LABEL HERE AND WHERE INDICATED INSIDE CHART	
Drug (or other)	Reaction / type / date

Sign	Print name	Date / /
------	------------	----------

Considerations	
Swallowing difficulties	Yes / No     Date / /
Crush medicines	Yes / No     Print Name:
Cognitive impairment	Yes / No     Designation:
Dexterity difficulties	Yes / No     Signature:
Resistive to medicine	Yes / No
Nil by mouth	Yes / No
Self administers	Yes / No
Other	Yes / No
Details of Yes to above:	
Non Packed Medicines <input type="checkbox"/>	

ALERT: Complex medications	
Variable dose	Yes / No     Insulin Yes / No
Other	Yes / No (Specify):

Entitlement numbers	
Medicare number	
Pension number	
DVA number	

Pharmacy	
Pharmacy Name	
Contact Name	
Phone	Fax
Email	
Review date	
Maximum chart validity is 4 months from the date the chart is commenced	

PRIMARY GENERAL PRACTITIONER	
<i>(QLD GPs Must Include Qualifications)</i>	
Name	
Address	
	Phone
A/Hrs	Fax
Email	
Prescriber No.	Signature

PRESCRIBER details (if not primary GP)	
<i>(QLD GPs Must Include Qualifications)</i>	
Name	
Address	
	Phone
A/Hrs	Fax
Email	
Prescriber No.	Signature

PRESCRIBER details (if not primary GP)	
<i>(QLD GPs Must Include Qualifications)</i>	
Name	
Address	
	Phone
A/Hrs	Fax
Email	
Prescriber No.	Signature

Front page MUST be sent to pharmacy on each change

Version 5  
08/17

207140 v6 06/18

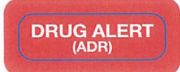
Insert Photo and Stick Down

RACF Name & Address <b>Safe Haven Aged Care</b>		Chart of
Personal Particulars		<b>ALERT!</b> Resident with similar name? Yes / No
Resident Name <b>John Richard Brown</b>	Gender <b>M</b>	Yes / No
Resident Preferred Name <b>John</b>	Age <b>89</b>	Room No. <b>8B</b>
Chart Commenced <b>10/20/13</b>	Expiry Date <b>31/12/2013</b>	Date of Birth <b>07/01/1923</b>
IHI <b>289897248602</b>	RAC ID <b>L979797</b>	Date of Photo <b>02/08/2013</b>
Allergies & Adverse Drug Reactions (ADR)		
<input type="checkbox"/> Yes <input checked="" type="checkbox"/> Nil Known <b>DRUG ALERT (ADR)</b>		
Drug (or other)	Reaction / type / date	
<i>Penicillin</i>	<i>Swelling, Fever, Hives 1959</i>	
Sign <i>J. Smith</i> Print name <b>J. Smith</b> Date <b>1/1</b>		
Considerations		
Swallowing difficulties	Yes / <b>No</b>	Date / /
Crush medicines	Yes / <b>No</b>	Print Name: <b>J. Smith</b>
Cognitive impairment	Yes / <b>No</b>	Designation:
Dexterity difficulties	Yes / <b>No</b>	Signature: <i>J. Smith</i>
Resistive to medicine	Yes / <b>No</b>	Signature: <i>J. Smith</i>
Nil by mouth	Yes / <b>No</b>	Signature: <i>J. Smith</i>
Self administers	Yes / <b>No</b>	Signature: <i>J. Smith</i>
Other	Yes / <b>No</b>	Signature: <i>J. Smith</i>
Details of Yes to above: <i>Place medicine on spoon and place in mouth</i>		
Non Packed Medicines <input type="checkbox"/>		
ALERT: <input checked="" type="radio"/> Complex medications		
Variable dose	Yes / <b>No</b>	Insulin Yes / No
Other	Yes / No (Specify):	
Entitlement numbers		
Medicare number	<i>n/a</i>	
Pension number	<i>n/a</i>	
DVA number		
Pharmacy		
Pharmacy Name	<b>John Spencer</b>	
Contact Name	<b>9123 5463 9123 5467</b>	
Phone	<b>bt-pharmacy@innerhealth.com.au</b>	
Email	<b>3112115</b>	
Review date		
Maximum chart validity is 4 months from the date the chart is commenced		



**This information is required for the pharmacist to supply and submit PBS/RPBS claims for the orders on their copy of the chart**

RACF information is entered in this box



The residents regular GP's details and signature are entered in this box

Prescribers who are not the resident's regular GP - must enter their details and signature in one of the remaining boxes

Resident concessional numbers are written in this box

Pharmacy details are entered in this box

SA (self administering)  
added to the dose omitted codes

Front page MUST be sent to pharmacy on each change

# Front Page

## Personal Particulars

**LEGAL DOCUMENT** - all entries in black ink  
 - never pencil or water soluble ink e.g. Fountain Pen  
 - NO erasers or white out can be used.

### RACF - Residential Aged Care Facility Name:

Personalised self-inking stamps available for this purpose and where indicated throughout the chart.

\* Need to complete name and DOB where indicated throughout chart

RACF Name & Address	Chart
	of

← Essential to complete

Personal Particulars			ALERT
Resident Name		Gender M / F	Resident with similar name? Yes / No
Resident Preferred Name	Age	Room No.	
Chart Commenced / /20	Expiry Date / /20	Date of Birth / /	Date of Photo → / /20
IHI	RAC ID	URN / MRN No.	

← Provide information in this box if another resident has a similar name Circle appropriately

← Provide all requested resident information

Page 1 of



Individual Health Identifier



The RAC ID is a number assigned to each facility by the Department of Health and Ageing for identification. Each facility has a unique number.

SA (self administering)  
added to the dose omitted codes

## Resident Photo Identification

Insert Photo and Stick Down

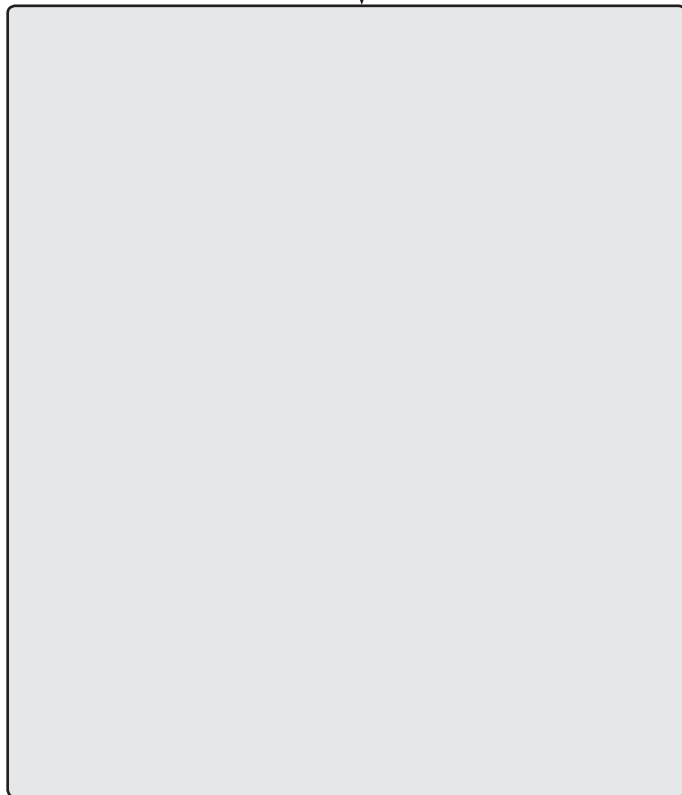


Photo I.D. should be updated every 4 months - appearances can change markedly especially following bouts of illness or significant weight loss. Similarly, Residents sharing similar names can be more easily recognised if an up to date photo is on the chart.

“Write Resident Name, Date of Birth and Date of photo on back of photo.”

Write Resident Name, Date of Birth and Date of photo on back of photo.

SA (self administering )  
added to the dose omitted codes

## Allergies and Adverse Drug Reactions

Prescribers and nursing staff are required to complete the **Allergies and Adverse Drug Reactions (ADR)** box for all residents and to sign and date their entries (see below). Write the name of the drug/ substance, the reactions (i.e. rash. Diarrhoea) and their type (i.e. allergy, anaphylaxis), and the date they occurred.

Allergies & Adverse Drug Reactions (ADR)	
<input type="checkbox"/> Yes <input type="checkbox"/> Nil Known	
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <b>DRUG ALERT LABEL</b> </div> <span style="font-size: small; margin-left: 10px;">← ATTACH ALERT LABEL HERE AND WHERE INDICATED INSIDE CHART</span>	
Drug (or other)	Reaction / type / date
Sign _____	Print name _____ Date ____ / ____ / ____

Imperative that this section be completed otherwise is left to assumption. If possible, include nature of reaction as this may influence any future therapies depending on whether a true allergy or drug reaction.



Drug alert labels to be affixed where indicated throughout the chart to encourage staff to refer back to allergies and adverse reactions (ADR)

SA (self administering)  
added to the dose omitted codes

## Residents Considerations

Considerations related to the resident's physical or cognitive health that may affect the administration of medicines are highlighted on the front page as this is the very first item or information that should be read.

Considerations		
Swallowing difficulties	Yes / No	Date / /
Crush medicines	Yes / No	Print Name:
Cognitive impairment	Yes / No	_____
Dexterity difficulties	Yes / No	Designation:
Resistive to medicine	Yes / No	_____
Nil by mouth	Yes / No	Signature:
Self administers	Yes / No	_____
Other	Yes / No	_____
Details of Yes to above:		
_____		
_____		
_____		
Non Packed Medicines <input type="checkbox"/>		

← Circle relevant information

← More specific detail here

ALERT: Complex medications			
Variable dose	Yes / No	Insulin	Yes / No
Other	Yes / No	(Specify): _____	

Information that alerts you as to whether the resident is prescribed complex medications or not. It also acts as a prompt to check these sections.

SA (self administering )  
added to the dose omitted codes

## Government assigned Concession Card Numbers / Pharmacy Details

Entitlement numbers	
Medicare number	
Pension number	
DVA number	

← Complete all required fields required for PBS prescribing

Pharmacy	
Pharmacy Name	
Contact Name	
Phone	Fax
Email	
Review date	
Maximum chart validity is 4 months from the date the chart is commenced	

← Complete all required fields

← Duration

SA (self administering)  
added to the dose omitted codes

## Prescriber Details

PRIMARY GENERAL PRACTITIONER	
<i>(QLD GPs Must Include Qualifications)</i>	
Name	
Address	
	Phone
A/Hrs	Fax
Email	
Prescriber No.	Signature

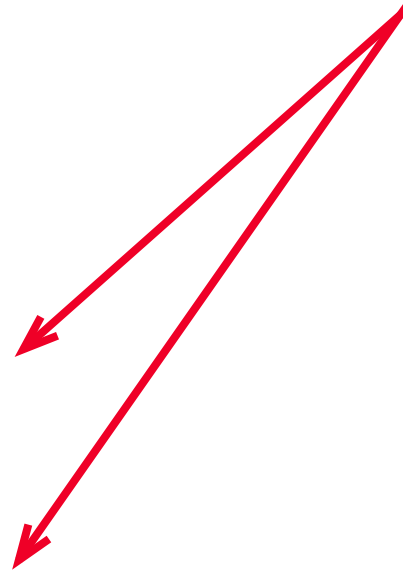
← Details of resident's regular visiting GP

PRESCRIBER details (if not primary GP)	
<i>(QLD GPs Must Include Qualifications)</i>	
Name	
Address	
	Phone
A/Hrs	Fax
Email	
Prescriber No.	Signature

← Details may relate to Locums, Nurse, Practitioners, Specialists etc.

PRESCRIBER details (if not primary GP)	
<i>(QLD GPs Must Include Qualifications)</i>	
Name	
Address	
	Phone
A/Hrs	Fax
Email	
Prescriber No.	Signature

PRESCRIBER details (if not primary GP)	
<i>(QLD GPs Must Include Qualifications)</i>	
Name	
Address	
	Phone
A/Hrs	Fax
Email	
Prescriber No.	Signature



**Important**  
These fields **MUST** be completed to be a valid prescription

**Prescriber Details Box**  
Each **MUST** Be signed by the prescriber

SA (self administering )  
added to the dose omitted codes



## Non prescription medicine, creams, vitamins and herbal treatments

Non prescription medicine, creams, vitamins and herbal treatments				
Name of Medicine	Strength	How much do I use and when?		Start date / /
What the medicine is for?		Special instructions or comments	Prescriber signature	Review or Stop date / /
Name of Medicine	Strength	How much do I use and when?		Start date / /
What the medicine is for?		Special instructions or comments	Prescriber signature	Review or Stop date / /



Contra-indications - Anything the Resident may be taking that is not prescribed by the Prescriber but is authorised and reviewed by the Prescriber.

SA (self administering )  
added to the dose omitted codes

Should be written in by Staff member and verified by 2nd Staff member to ensure that all details are interpreted correctly. This order must then be signed and reviewed by the Prescriber as per your Organisation/Facility Policies and Procedures.

Write the prescriber's reason for the order and any additional instructions (e.g. take with food) in this box.

Telephone Orders											
Medicine	Dose	Reason ordered				Date					
	Route					Time					
	Frequency					Dose					
	Start Date	Date / /20	Signature 1		Initial						
	/ /20	Time			Date						
	Stop Date	Date / /20	Signature 2		Time						
Strength	/ /20	Time			Dose						
Prescriber name	Prescriber signature		Date / /20		Initial						



Print legibly the name of the medicine and the prescriber in this section.



Clearly write the prescriber's directions for administering the medicine in this column, and the start and stop date.



Prescriber to sign here to confirm order.

**When a phone order is required, the Prescriber phones the RACF and two nurses confirm the order with the Prescriber. This does not constitute a prescription.**

Supporting products:  
- Verbal Telephone Order Bookmark Prompt

SA (self administering)  
added to the dose omitted codes

# Variable dose medicine (not insulin) See separate insulin section of chart - Page 4/5

ATTACH ADR STICKER HERE Refer to front page for details

Resident Name	D.O.B.		RACF Name and Address
---------------	--------	--	-----------------------

## Variable dose medicine\* (not insulin) e.g. Warfarin

**\* This page to be used to prescribe different strengths of ONE medicine only**

The variable dose section is designed to prescribe, administer and monitor a medicine for which the dose is variable (e.g. warfarin)

Box Where Required

P  
A  
C  
K  
E  
D

VARIABLE DOSE MEDICINE (Not Insulin) eg. Warfarin		TIME	Not a valid prescription unless completed	
Variable Dose Medicine/Form		Strength	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Streamlined authority code	Start Date / /20 Initial
Additional Instructions		AM  PM	<input type="checkbox"/> (✓) Brand substitution not permitted	Stop Date / /20 Initial
Route	Dose		Frequency	<input type="checkbox"/> (✓) Tick if valid for duration of chart <b>OR</b>
Date of Prescribing / /20	Prescriber Signature		<input type="checkbox"/> (✓) PBS <input type="checkbox"/> (✓) RPBS <input type="checkbox"/> (✓) CTG	Stop Date / /20 Initial
			Prescriber Name (Print)	(✓) Tick appropriate box
				<input type="checkbox"/> Commence Immediately <input type="checkbox"/> Next Pack
				<b>Not a valid prescription unless completed</b>

← Prescriber order

Prescriber to complete instructions →

Instructions
Pathology frequency _____
<input type="checkbox"/> (✓) Tick if Lab dosing to be used. Name of Lab: _____
Contact prescriber if pathology results are outside range of _____
Contact prescriber if pathology is above _____
Contact prescriber if pathology is below _____
Prescriber Signature _____
NOTES: _____

Staff administration record →

Variable dose medicine* (not insulin) e.g. Warfarin																
Month 1	Month of 20															
Date →	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Pathology result																
Dose prescribed	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg
Dose given	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg
Time																
Initial 1																
Initial 2																

SA (self administering)  
added to the dose omitted codes

# Short Term Medicine Page 6/7

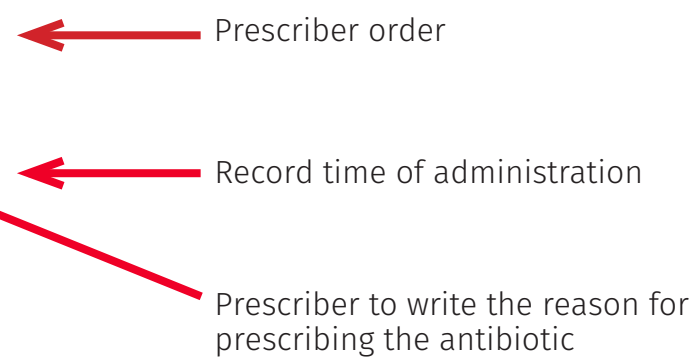
ATTACH ADR STICKER HERE Refer to front page for details

RACF Name and Address

Not a valid prescription unless completed		Additional Instructions	
<input type="checkbox"/> Streamlined authority code		Start Date / /20 Initial	
<input checked="" type="checkbox"/> Brand substitution not permitted		Stop Date / /20 Initial	
<input checked="" type="checkbox"/> PBS <input type="checkbox"/> RPBS <input checked="" type="checkbox"/> CTG		Prescriber Name (Print)	
<input checked="" type="checkbox"/> Tick appropriate box			
<input type="checkbox"/> Commence Immediately <input type="checkbox"/> Next Pack			
Not a valid prescription unless completed			

SHORT TERM MEDICINE			
Resident Name	D.O.B.		
Short Term Medicine/Form		Strength	Dates Times
Indication	Route Dose		Frequency & <b>NOW</b> Enter Times
Date of Prescribing	Prescriber Signature		
/ /20			

/ Box Where Required  
 P  
 M  
 O  
 C  
 K  
 N  
 E  
 D



Tick non-packed area where necessary

Short term / antibiotic page is frequently misused by having regular drug orders written up. It is important during the implementation period to draw the Prescriber's attention to this.

Initial when medicine is administered

Record day, month, year 01 / 01 / 15

ATTACH ADR STICKER HERE Refer to front page for details

**NOTE:** Use this page for Antibiotics and other Short Term Medicines

Withheld (clinical reason)    Sleeping    Refused  
 Contraindicated    Absent    Not Available  
 Hospital    Self Administering

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Supporting Products  
 - 'Antibiotic' bookmark prompt  
 - 'Clinical Review Needed' bookmark prompt  
 - 'Ceased' stamp

SA (self administering)  
added to the dose omitted codes

# Nutritional Supplements Page 8/9

**Nutritional supplement daily intake record**

<b>P A C K E D</b>	<b>Nutritional supplement</b>				Strength		<b>Start Date</b>	<b>Stop Date</b>	<b>OR</b>	<b>Stop Date</b>	<input type="checkbox"/> (✓) PBS	<input type="checkbox"/> (✓) CTG
	<input type="checkbox"/> (✓) Brand substitution not permitted						/ /20	<input type="checkbox"/> (✓) Tick if valid for duration of chart	/ /20		<input type="checkbox"/> (✓) RPBS	
	Date of Prescribing	Dose	Route	Frequency			<b>Nutritional supplement directions</b> (If ordered by dietician or registered nurse)					
	/ /20											
	Prescriber/Dietician Signature			Prescriber/Dietician Name (Print)								
							<b>Intake</b> Enter amount of nutritional supplement taken per shift. For example, one cup = 1 serve; half a cup = 1/2 serve; one third cup = 1/3 serve.					

<b>P A C K E D</b>	<b>Nutritional supplement</b>				Strength		<b>Start Date</b>	<b>Stop Date</b>	<b>OR</b>	<b>Stop Date</b>	<input type="checkbox"/> (✓) PBS	<input type="checkbox"/> (✓) CTG
	<input type="checkbox"/> (✓) Brand substitution not permitted						/ /20	<input type="checkbox"/> (✓) Tick if valid for duration of chart	/ /20		<input type="checkbox"/> (✓) RPBS	
	Date of Prescribing	Dose	Route	Frequency			<b>Nutritional supplement directions</b> (If ordered by dietician or registered nurse)					
	/ /20											
	Prescriber/Dietician Signature			Prescriber/Dietician Name (Print)								
							<b>Intake</b> Enter amount of nutritional supplement taken per shift. For example, one cup = 1 serve; half a cup = 1/2 serve; one third cup = 1/3 serve.					

Prescriber/Dietician to complete if required

Can be completed by Dietician or RN

As per Q&S Commission user guide. Can be documented as mls

Record Weight

	Start Weight kgs	Month of 20																														
Times	Dates	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
1.	Qty																															
	Initial																															
2.	Qty																															
	Initial																															
3.	Qty																															
	Initial																															

Allows for documenting across 3 shifts if required

Initial when medicine is administered

Record how much in serves or mls that the resident was administered. (According to your facilities/organisations policies and procedures)

SA (self administering)  
added to the dose omitted codes

# Regular Medicines (regular dose)

Information relating to nursing & care staff Page 10/29

Sign in this section for multi-dose administration (eg. multi-dose packs) →

Sign in this section for individual medicine administration ↓

Tick if Non-Packed item e.g. Eye drop, topicals

Prescriber to indicate in this section additional instructions

Month of \_\_\_\_\_ 20\_\_\_\_

Refused     Absent  
 Not Available     Hospital  
 Withheld (clinical reason)     Self Administering  
 Sleeping     Contraindicated

1 - 15															16 - 31																
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
[Grid for medication administration]																															

- In the case of a regular medicine order and a PRN order for the same medicine, tick box provided to prevent duplication of dose ie: for a regular 4 hourly paracetamol and PRN paracetamol.
- It is imperative staff ensure medicine is swallowed prior to signing the Admin record.
- Medicines must be signed by administering staff immediately after administering.
- The signature on the Admin record indicates the resident has taken the medicine.
- No medicines should be administered if Medication Chart has expired.
- Multi-dose medicines are signed for only once against the designated time and date line right throughout the chart.
- Single unit dose medicines can, if required be signed for individually against the medicine order.
- This also applies to non-packed medicines. These are recorded in  tick boxes provided and can be signed for individually by all persons administering.

### The seven rights of medicine administration

1. Right resident
2. Right medicine
3. Right dose
4. Right time
5. Right route
6. Right documentation
7. Right reason

### Supporting Products:

- 'Outside Normal Times / Return to Administer' Bookmark prompt
- 'Urgent Re-write' Bookmark prompt
- 'Ceased' Stamp
- Computer Generated Labels to suit Medical Director, Best Practice, Genie Prescriber Programs etc. NB check state Prescriber Protocol Requirements
- Long Term Medication Chart Binders
- Metal Trays (30 and 60 chart capacity)
- A - Z Index
- Medicine Incident Reports

SA (self administering)  
added to the dose omitted codes

# Regular Medicines (regular dose)

Information relating to nursing & care staff Page 10/29

Resident Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

**REGULAR MEDICINES 1 TO 8**

Sign in this section for multi-dose administration (eg. multi-dose packs) →

Sign in this section for individual medicine administration ↓

Regular Medicine/Form

Additional Instructions

Route: \_\_\_\_\_ Dose: \_\_\_\_\_ Frequency & NOW Enter Times →

Date of Prescribing: \_\_\_\_/\_\_\_\_/20 Prescriber Signature: \_\_\_\_\_

Stop Date: \_\_\_\_/\_\_\_\_/20 Prescriber Signature: \_\_\_\_\_

Month of 20

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

Month of 20

16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Additional Instructions Continued

ATTACH ADR STICKER HERE  
Refer to front page for details

## CRL-1 Label

**CARER ADMINISTRATION - MULTIDOSE**  
Initial the appropriate square in this panel to indicate that the contents of the blister pack have been issued.

**R.N. ADMINISTRATION - SINGLE UNIT DOSE**  
Initial for Individual Medications in Panels 2 to 18

## CRL-6 Label

**ADMINISTRATION - PACKED MEDICATION**  
Initial the appropriate square in this panel to indicate that the contents of the blister pack have been issued.

**NON PACKED MEDICATION**  
Initial in appropriate square for individual orders.

These labels can be applied to top panel to provide for different options for signing for the administration of medicines

## CRL - 7 Label

Sign in this section for multi-dose administration (eg. multi-dose packs) →

Sign in this section for individual medicine administration ↓

If Prescriber is using computer generated medicine strip labels it will require the application of a CRL-7 Label to replicate the administration instruction panel, which will be obscured when computer generated medicine strip label is applied.

All entries in this area should be signed, name printed and date recorded by person annotating and their designation documented.

<b>ALLERGY</b>	<b>DOCTOR</b>	<b>NEW-EM</b>
<b>-ZSDJ-N</b>	<b>EYE DROPS</b>	<b>SUITEDJEW</b>
<b>DO ZOT OXDSI</b>	<b>FAX ORDER</b>	<b>SPECIAL TIME</b>
<b>CRUSH</b>	<b>FR-DGE</b>	<b>URGENT</b>
<b>WEASED</b>	<b>GENERIC SUBSTITUTION</b>	<b>WARFARIN</b>
<b>ALERT</b>	<b>-ZWEOT-OZ</b>	<b>WARNING</b>
<b>SUITEDJEW</b>	<b>J-OD-D</b>	<b>WITHHOLD</b>
<b>NOZ-ACOXED</b>	<b>PARACETAMOL</b>	<b>S-M-JAR ZASW</b>
<b>ANT-B-OI-U</b>	<b>PIOZW OXDWK</b>	<b>SASW OR</b>
<b>CREAM</b>	<b>PRN</b>	<b>DRUG ALERT (ADR)</b>
<b>OXFOTOX-U</b>	<b>AS-UIO-ROE-U</b>	

SA (self administering)  
added to the dose omitted codes

# PRN (As required) Medicines Page 30/33

Resident Name		D.O.B.	
<b>PRN (as required) medicine</b>			
PRN Medicine/Form		Strength	
Additional Instructions			
Route	Dose	Hourly Frequency	<b>PRN</b>
Date of Prescribing	Prescriber Signature		
/ / /20			
Stop Date	Prescriber Signature		
/ / /20			
PRN Medicine/Form		Strength	
Additional Instructions			
Route	Dose	Hourly Frequency	<b>PRN</b>
Date of Prescribing	Prescriber Signature		
/ / /20			
Stop Date	Prescriber Signature		
/ / /20			

Tick if Non-Packed PRN medicine e.g. inhaler

Check the order for maximum dose per 24 hour prior to administration



ATTACH ADR STICKER HERE  
Refer to front page for details

	Date	Time	Dose	Inits	Effective	
					Yes	No
Max PRN Dose / 24 Hours						
Indication						

This area must be completed by the Prescriber. Imperative to prompt Prescriber as this will not be visible during prescription being written.

Indicate the effectiveness of the administered PRN Medication by inserting a Y in the 'Yes' column or N in 'No' column.

Tick this box to indicate that this PRN medicine is also prescribed in regular medicines

It is suggested that guidelines be established within each facility for the conversion of PRN to regular medicine orders once certain usage has been recorded.

## Supporting Products

- Progress Note Labels - PPN-01
- PRN Med Data Collection Sheets

SA (self administering)  
added to the dose omitted codes



# Nurse Initiated Medicines - Page 34

Nurse initiated medicines are non prescription (over-the-counter) medicines that can be administered by a registered nurse when the need arises and, in most cases, with the prior agreement of the resident's medical practitioner.

**Check any previous drug allergies and/or adverse reactions as well as any contraindications for this resident prior to administration.**  
Write the name of the drug to be given, within your registered nurse scope of practice, in this box.

Resident Name  D.O.B.   **ATTACH ADR STICKER HERE**  
Refer to front page for details

Withheld (clinical reason)  
  Sleeping  
  Contraindicated  
  Refused  
  Absent  
  Not Available  
  Hospital  
  Self Administering

Nurse Initiated Medicine				Indication / Instructions	Date	Time	Dose	Inits	Date	Time	Dose	Inits
Nurse Initiated Medicine <input type="text"/>				Strength <input type="text"/>								
Date <input type="text"/>	Route <input type="text"/>	Dose <input type="text"/>	Frequency <input type="text"/>									
RN Signature <input type="text"/>		RN Name (Print) <input type="text"/>										

Record your signature in this box

Print name in this box

The reason you have decided to give the medicine needs to be written in here (i.e. constipation)

Record your initials in here once the medicine is administered

All Nurse initiated medicines must be recorded on the Medication Chart and reviewed as per your facility/organisation policies and procedures.

SA (self administering)  
added to the dose omitted codes

## Diabetes Action Plan

Resident Name		D.O.B.
		ATTACH ADR STICKER HERE Refer to front page for details
Diabetes Action Plan		
Frequency of Blood Glucose monitoring required		
Days per week		
Frequency per day		
Times of day		
Reportable Blood Glucose levels (BGL)		
Below which level	mmol/L	
Above which level	mmol/L	
Communicating reportable BGL's:		
<b>LOW</b>	If BGL <	Ring Prescriber and fax copy of BGLs
<b>HIGH</b>	If BGL >	Ring Prescriber and fax copy of BGLs
Hypoglycaemia Management		
If the BGL is found to be <b>BELOW</b> <input type="text" value="mmol/L"/> action to be taken by staff is as follows:		
<b>If resident is conscious:</b>		
1. Give quick acting carbohydrate:		
- 100ml Lucozade / soft drink <b>or</b>		
- 5 jelly beans <b>or</b>		
- Glucose gel <b>or</b>		
- tablespoon of sugar/honey or jam		
2. Recheck BGL in 10 minutes and repeat above treatment if BGL is still below <input type="text" value="mmol/L"/>		
3. Give slower acting carbohydrate:		
- glass of milk <b>or</b>		
- slice of bread <b>or</b>		
- 2-3 plain biscuits		
<b>If resident unconscious:</b>		
1. Give Glucagon (see medication chart)		
2. Call ambulance and then contact Prescriber.		
3. Monitor BGL every 5 minutes until back to normal <b>OR</b> the ambulance arrives.		
Consider inclusion of Glucagon on PRN medication orders for residents receiving Insulin and/or in accordance with ACF policies.		
Prescriber Name:	Date:	
Prescriber Signature:		
Comments		

INSULIN & BLOOD GLUCOSE LEVEL (BGL) RECORDING

The Prescriber or registered nurse writes instructions for how often the BGLs are to be taken and when to notify the Prescriber if the BGL is outside the specified range for this resident.

The National Residential Medication Chart has been designed as a 'central point for information' and inclusion of BGL reporting at same location of insulin administration recording supports informed prescribing and 'improved clinical monitoring of residents'.

Residents who have known diabetes should have a 'Diabetes Action Plan'.

Target BGL levels can vary in elderly residents and inclusions of Diabetes Action Plan within medication chart encourages regular GP completion and review of:

- BGL testing frequency
- Target BGL range
- Reportable BGL's

Elderly residents are at increased risk of hypoglycaemia.

The inclusion of hypoglycaemia management information within medication the chart can provide timely access to hypoglycaemia guidelines for nursing staff and encourage regular GP review.

Prescriber to complete BGL Level Box

Prescriber to Print Name, sign and date

This section is for information related to the resident that may be relevant to BGL readings (e.g. 'had lunch out', 'ate some lollies' or 'not eating today.' It is important to date, sign and print name next to this.

SA (self administering )  
added to the dose omitted codes

Blood glucose level (BGL) are documented in this area in 24 hour time (i.e. 0700 = 7am) and the BGL result as a number (e.g. 3.2)

Resident Name _____ D.O.B. _____		Date & Month Month of <u>20</u>	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Date & Month Month of <u>20</u>	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Date & Month Month of <u>20</u>	<p>← ATTACH ADR STICKER HERE Refer to front page for details</p> <p>(W) Withheld (clinical reason) (A) Absent (S) Sleeping (N) Not Available (C) Contraindicated (H) Hospital (R) Refused (SA) Self Administering</p>														
<b>INSULIN AND BLOOD GLUCOSE LEVEL (BGL) RECORDING</b>		Time																Time																Time																
		BGL																BGL																BGL																
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<b>INSULIN ORDERS</b> (Write multiple orders if administration more than once daily)		Date & Month Month of <u>20</u>	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Date & Month Month of <u>20</u>	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Date & Month Month of <u>20</u>	<b>Additional Instructions or Sliding Scale Dose information</b>														
Medicine/form _____ Strength _____		Time																Time																Time																
Route _____ Dose _____ Units _____		Dose																Dose																Dose																
Date of Prescribing _____ Prescriber Signature _____		Initial 1																Initial 1																Initial 1																
Stop Date _____ / ____ / ____ Prescriber Signature _____		Initial 2																Initial 2																Initial 2																

Where regular insulin is to be administered please note that each prescription box provides for one daily administration time only i.e. 0800 hrs.

Where regular insulin is to be administered in the evenings as well, a second prescription box must be completed by the prescriber i.e. 1800 hrs.

Write the first staff member's initials in this box

Write the second staff member's initials in this box

All entries in this area should be signed, name printed and date recorded by person annotating and their designation documented

**NOTE:** Some RACFs may not require two signatures for insulin administration

SA (self administering)  
added to the dose omitted codes

ATTACH ADR STICKER HERE Refer to front page for details

RACF Name and Address

**Not a valid prescription unless completed**

Streamlined authority code

(✓) Brand substitution not permitted

(✓) PBS  (✓) RPBS  (✓) CTG

Prescriber Name (Print)

Commence Immediately  Next Pack

Streamlined authority code

Start Date / /20 Initial

Stop Date / /20 Initial

Tick if valid for duration of chart **OR**  Tick appropriate box

**Not a valid prescription unless completed**

Start Date / /20 Initial

Resident Name D.O.B.

**Insulin PRN (as required) medicine**

PRN Medicine/Form Strength

Route Dose Hourly Frequency

Date of Prescribing Prescriber Signature Max dose / 24 hr

PRN

PRN Medicine/Form Strength

Box Where Required

Refer

Tick this box to indicate that this PRN insulin is also prescribed in regular insulin medicines

Check the order for maximum dose per 24 hour prior to administration

(W) Withheld (clinical reason) (S) Sneeze

Date	Time	Dose	Inits	Effective		Date
				Yes	No	

Indicate the effectiveness of the administered PRN insulin by inserting a Y in the 'yes' column or N in the 'no' column

- Supporting Products**
- Progress Note Labels - PPN-01
  - PRN Med Data Collection Sheets

SA (self administering )  
added to the dose omitted codes

# Back Page

Commonly used abbreviations in aged care		Frequency (suggested times most commonly used in aged care)	
per oral <i>(via the mouth e.g. tablets)</i>	PO	morning <i>(e.g. breakfast)</i>	mane
per rectum <i>(via the rectum e.g. suppository for constipation)</i>	PR	night <i>(e.g. dinner)</i>	nocte
per the skin <i>(applied to the skin e.g. cream)</i>	topical	once per day <i>(morning unless specified)</i>	daily
subcutaneous <i>(an injection into the upper skin layers e.g. insulin)</i>	subcut	twice per day <i>(e.g. breakfast and dinner)</i>	bd
sublingual <i>(under the tongue)</i>	subling	three times a day <i>(e.g. breakfast, lunch and dinner)</i>	tds
nasogastric <i>(via a specialised tubing inserted into the nose e.g. nutritional supplements)</i>	NG	four times per day <i>(e.g. breakfast, lunch, dinner and bed time)</i>	qid
percutaneous enteral gastrostomy <i>(via a specialised tubing inserted into the stomach e.g. nutritional supplements)</i>	PEG	when required <i>(e.g.)</i>	prn
intramuscular <i>(an injection into the muscle e.g. influenza vaccination)</i>	IM		
intravenous <i>(a fluid inserted via an inserted line into a vein)</i>	IV		

The seven rights of medicine administration	
1	Right resident
2	Right medicine
3	Right dose
4	Right time
5	Right route
6	Right documentation
7	Right reason

Abbreviations when medicine not administered	
Patient / Resident / Client	Medicines
Absent (A)	Adjusted Administration (A/T)
Fasting (F)	Contraindicated (C)
Hospital (H)	Not Available (Obtain supply or notify prescriber) (N)
On Leave (L)	Not Required (NR)
Sleeping (S)	Omitted (O)
Self Administering (SA)	Refused (Notify Prescriber) (R)
Vomiting (V)	Withheld (Enter reason in clinical record) (W)
	Withheld pending results (W/P)

**Privacy Statement**

The information on this form, including your Medicare, Centrelink and/or Department of Veterans' Affairs number, will be used to assess your entitlement to benefits under the Pharmaceutical Benefits Scheme (PBS) or the Repatriation Pharmaceutical Benefits Scheme (RPBS) and to determine payments due to approved suppliers. This information will also be used to record details of an under co-payment prescription (where there is no entitlement to a payment of benefit under PBS or RPBS). With your consent, the PBS approved supplier or PBS Prescriber may store your details for use on future prescriptions. The collection of this information is authorised by the *National Health Act 1953*. This information may be disclosed to PBS Prescribers, the Department of Health and Ageing, Department of Veterans' Affairs, Centrelink, the Department of Human Services or as authorised or required by law. This information will be handled in accordance with the provisions in the *Privacy Act 1988* (Cth) (the **Privacy Act**).

**Prescribing and Administration Instructions**

This medication chart has been developed by Compact Business Systems Pty Ltd to facilitate the direct supply and claiming from a medication chart of most medicines under the Pharmaceutical Benefits Scheme (PBS) and the Repatriation Pharmaceutical Benefits Scheme (RPBS).

**For Prescribers**

For this chart to be used as a valid PBS or RPBS prescription please complete all details as follows:

- PBS/RPBS:** Strike through the option which does not apply. If private (non-PBS), strike out both PBS and RPBS.
- Brand substitution not permitted:** Indicate if the specified brand must be supplied by ticking the box.
- CTG:** Closing the Gap PBS Co-payment initiative for registered Aboriginal and Torres Strait Islander people. If applicable, tick the box.
- Streamlined authority code:** write the 4 digit code in the spaces provided, where applicable. Streamlined authority codes are available at [www.pbs.gov.au](http://www.pbs.gov.au)
- Ongoing supply:** Indicate the intention for the medicine order to continue for the chart validity period, if applicable, by ticking the box.
- Remember:** Certain PBS/RPBS medicines will still require a written prescription from the prescriber, in addition to an order on the medication chart, including:
  - all Authority required items requiring prior approval (including PBS/RPBS items with increased quantities and/or repeats)
  - all items only available under special arrangements (Section 100)
  - Controlled Drugs (Schedule 8 medicines).

**For Facility Staff**

The front page **MUST** be sent to pharmacy on each change.

TO BE ORDERED QUOTE REF. No. CNRMC 02



Recommendations for Terminology, Abbreviations and Symbols used in the Prescribing and Administration of Medicines

Supplied by: Australian Commission on Safety and Quality in Health Care [www.safetyandquality.gov.au](http://www.safetyandquality.gov.au)

Compliance checked by CRH Law Aged Care Specialist  
December 2014

Acknowledgements

Australian Commission on Safety and Quality in Health Care.  
User Guide for Nursing and Care Staff (NRM3)